January 4, 2019

As a homeschooling family we are always looking for ways to reinforce the character we build at home. We found it at Rodney Thompson's Martial Arts class. Our family has been with Rodney's class for six years. Our son Nathan got his black belt last year at the age of 14 and Maryanna, age 10, has been attending for two years with hopes of getting her black belt too. The best part of the class is not the Black Belt acquisition but the growing process along the way.

The foundation of this class is self-control, courtesy, respect, perseverance, and integrity. During our years in this class, students of all ages have learned many valuable lessons such as doing all you can to talk yourself out of a conflict, never throwing the first punch, respecting your teachers by listening and making eye contact, never giving up, and coming to practice even when you don't feel like it. I'm sure you are aware these habits are greatly needed in our society today and will solve a myriad of problems when implemented.

It is our desire that you will partner with Rodney so he can continue to use his passion to develop these invaluable life principles in his students.

Robert and Mary McDonald